

# PLANTING FOR BUTTERFLIES

Butterflies need **host plants** to lay their eggs on. Caterpillar species feed from only one or more distinct plant families! Adults need flowers in big and small sizes shaped like a platform, to land on to drink nectar, like zinnias, echinacea, asters and verbenas.

Planting in masses makes it easy for them to find and use these plants. Native plants (N) provide the most nectar and best nutrition.

It's important to find out which butterflies live in your area and plant their host plants. Here are some local to Cape Cod.

## Host Plants + Caterpillars = Butterflies



**SWAMP MILKWEED (N)**  
Milkweed Family

**MONARCH**


**MONARCH**



**HONEYSUCKLE (N)**  
Honeysuckle Family

**HUMMINGBIRD HAWK MOTH**


**HUMMINGBIRD HAWK MOTH**



**SPICEBUSH (N)**  
Mallow Family

**SPICEBUSH SWALLOWTAIL**

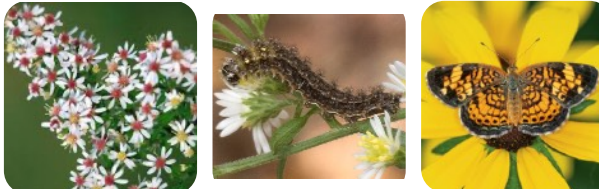
**SPICEBUSH SWALLOWTAIL**



**WHITE TURTLEHEAD (N)**  
*Chelone glabra*

**BALTIMORE CHECKERSPOT**

**BALTIMORE CHECKERSPOT**



**CALICO ASTER (N)**  
Asters

**PEARL CRESCENT**

**PEARL CRESCENT**



**PEARLY EVERLASTING (N)**  
Everlastings, Cudweed

**AMERICAN LADY**

**AMERICAN LADY**



**BUSH'S POPPY MALLOW (N)**  
Mallow Family

**PAINTED LADY**


**PAINTED LADY**



**FALSE INDIGO (N)**  
Pea Family

**GRAY HAIRSTREAK**

**GRAY HAIRSTREAK**



**BIG BLUESTEM (N)**  
Bluestem and Bluegrass

**PECK'S SKIPPER**

**PECK'S SKIPPER**